



Intuition Activation

A Kundalini Yoga and Gong Workshop
with Nina Berry

Sunday
November 14
2:00-4:00pm



We live in an information age, and the amount of information available to us increases on a daily basis. More information means more opportunity if we know how to process and apply it, and activating our intuition is the key to not only making sense of it all, but turning it to our greatest advantage.

The Sixth Chakra or Third Eye point is the seat of intuition, and is directly linked to the pituitary gland. When the pituitary gland is functioning properly, you gain mastery over the flow of your own mind. You can control how you perceive and process everything that comes in and everything that goes out. You are able to tune in to the subtle forms of information that are all around you, which will give you greater depth and a clearer sense of direction. The first step to becoming prosperous and happy is being able to recognize opportunities for happiness, and when your intuition is activated properly, you are able to capitalize on what serves you and avoid what does not.

Using yoga, meditation and the powerful vibration of the Gong, Nina will help you balance the pituitary gland and activate your intuition so that you can have an expanded experience of prosperity and purpose.

\$25 prepaid/\$30 at the door

For more information contact:
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