

# Yatra to Nepal with Harijiwan October 14-23, 2014



There are places on this planet where the veils between the heavens and the earth are thinner, where we can more readily experience a flow of spirit, where we can walk in the divine footsteps of the saints that came before us and hear the echoes of a million prayers. Nepal is one of those places. The birthplace of the Buddha and chosen spiritual home of countless adepts and masters, Nepal is a treasure trove of sacred temples, monasteries and mystical caves, all set against the breathtaking backdrop of the Himalayan mountains.

A spiritual yatra is a journey for the soul. By leaving our familiar environments and routines we give ourselves the opportunity to live outside the confines of any limiting thought forms or habits that

are triggered by a particular longitude and latitude. Then in a new, highly-charged physical and energetic location we have the opportunity to make a quantum leap in consciousness. This has always been my experience when traveling with Harijiwan. Before finding Kundalini yoga I had traveled the world pretty extensively, but I can say without question that my greatest adventures, both geographically and spiritually, have been experienced on a yatra with Harijiwan.

Join us on our next great adventure this October.

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To register: [www.harijiwan.com/event](http://www.harijiwan.com/event)