

Prosperity in the Aquarian Age

A Kundalini Yoga and Gong Workshop
with Santosh and Navjot

November 11, 2011 marks the beginning of the Aquarian Age. As we cross this momentous threshold, we enter a new, powerful energetic stream. Rapidly changing landscapes and the increased velocity and volume of information available to us require more physical, mental and energetic flexibility than ever before. But with this boost of energy and speed comes even greater opportunities if we know how to position ourselves correctly.

When contemplating any new action or direction, a thoughtful person considers the pros and the cons and then makes a decision. But there is a third position that brings the greatest clarity and wisdom to any scenario, and it is located within the realm of the Neutral Mind. As our environments continue to change at a rapidly increasing rate, it's more important than ever to develop the Neutral Mind and use it to navigate our internal and external landscapes. From a neutral, consolidated space we can see our options clearly and discern the advantages and disadvantages of any circumstance without emotional or subconscious distractions. When we are able to recognize, organize and cultivate our resources then we can best position ourselves in order to benefit from any circumstance, and make decisions that support our highest purpose. The ability to find and hold a space of clarity and consolidation in the midst of any interference or distraction is one of the keys to prosperity in the Aquarian Age.

Join Santosh and Navjot as they help you to activate the Neutral Mind and from that concentrated, meditative state project for a prosperous future.

November 15, 2011

7:30-9:30pm

at Golden Bridge Yoga
for more information visit:
www.goldenbridgeyoga.com